

My visual guide to Western Care Association Castlebar.



WESTERN CARE ASSOCIATION

Supporting people to live their lives



I am going to Western Care.



I am going
with

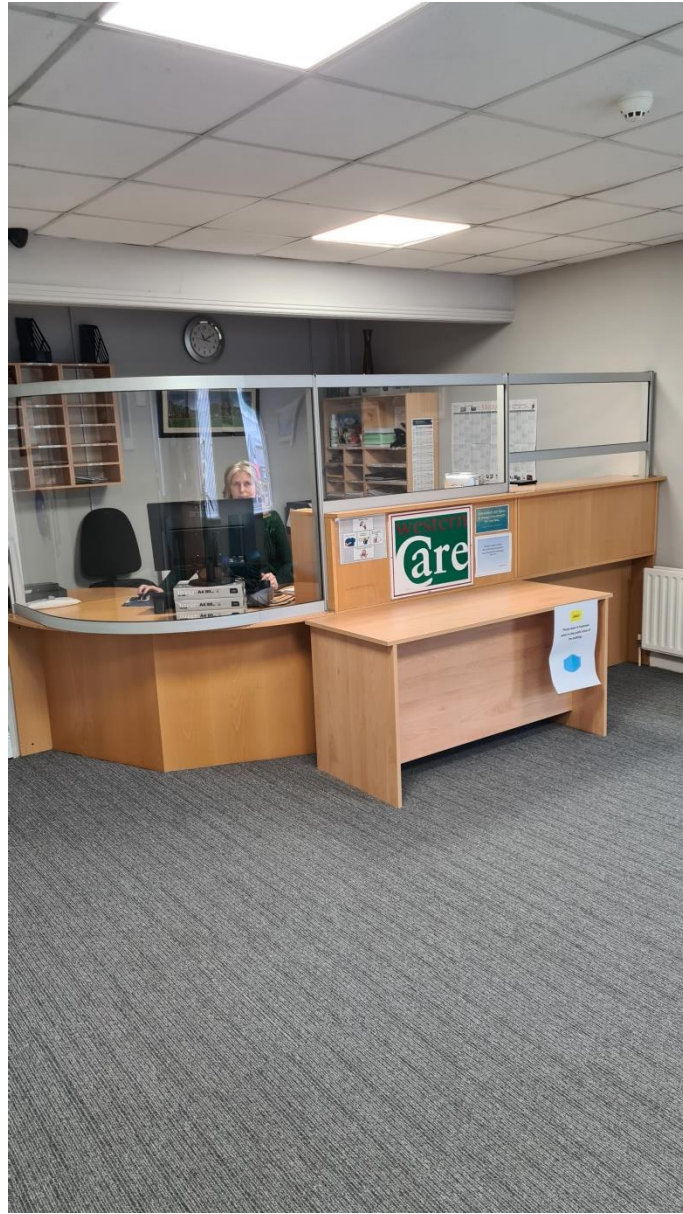
The reason I am visiting Western Care
is



I enter the building through the door to the right with the reception sign.



There is a sign in desk inside the door, to the right. Here I am requested to write my name and what time I entered the building for safety reasons.



This is the reception area. I can tell the receptionist who I am here to meet with.



This is Kathleen. Kathleen is in reception in the morning from 9am to 2pm. If I arrive early, I may speak to Kathleen.



This is Rose. Rose is in reception in the afternoon from 2pm to 5pm. If I arrive later in the day I may speak to Rose.



There is a comfortable seating area available across from the receptionist desk, where I can relax until someone comes to meet me.



If I need to go further into the building, Kathleen or Rose will press the button to open this door and allow me through.



On the other side of the door there is a corridor. Turn right to make your way further into the building.



The corridor continues to the left. If I walk down here, I will see the canteen.



The canteen is to my left. In the winter, this room can be very cold. In the summer, it can be very hot as it has a lot of windows.

This room can sometimes be very noisy with people chatting.



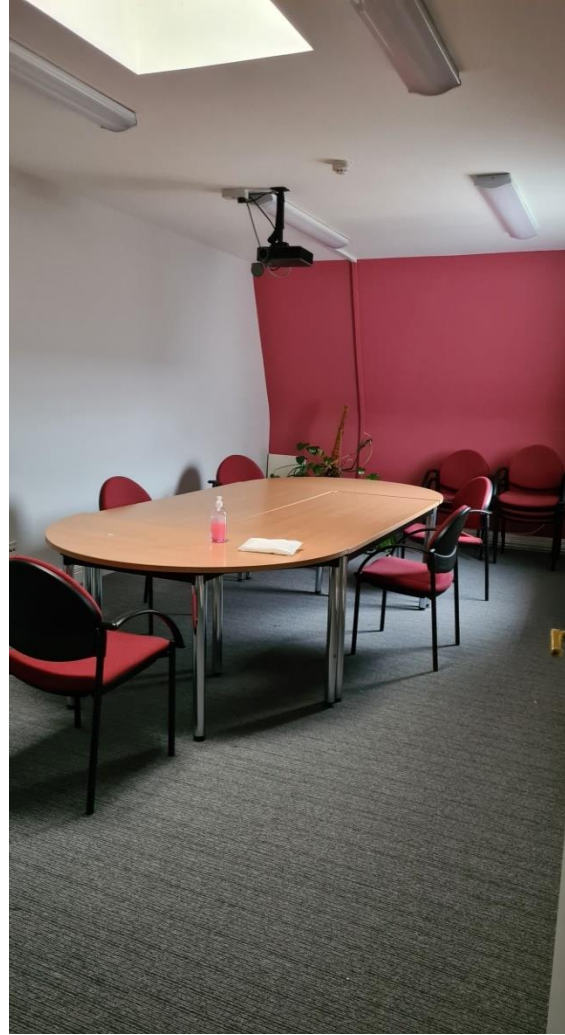
There are toilets directly across from the canteen which I can use.



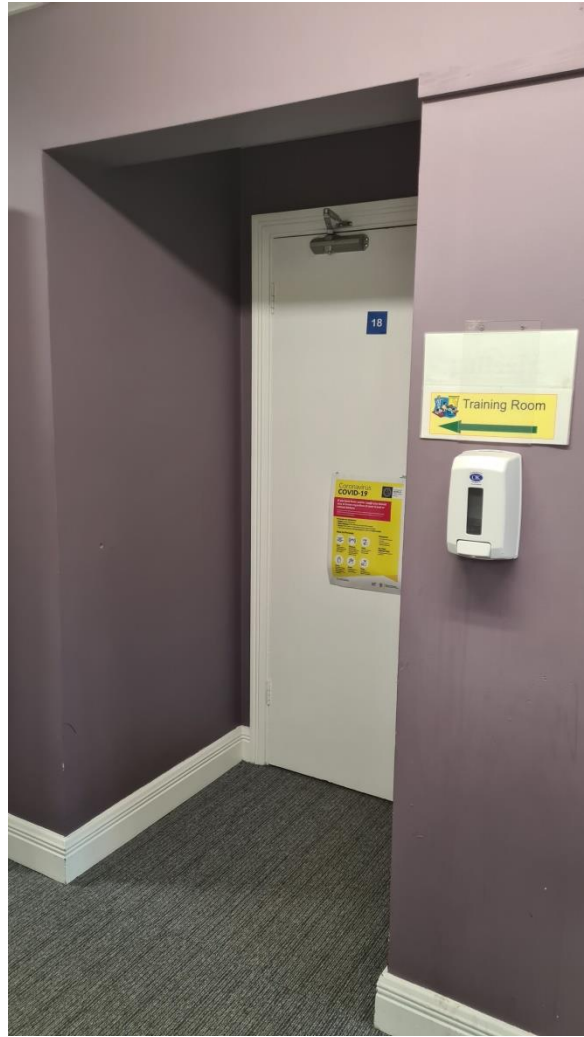
At the end of the corridor to my left, there are stairs that bring me to the first floor. Up here I will find more toilets and the upper meeting room.



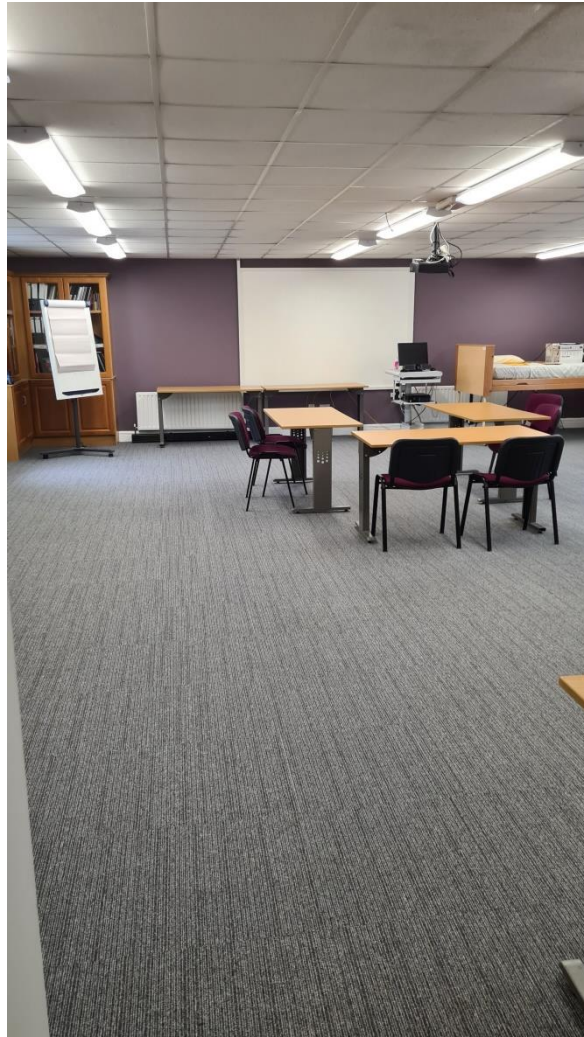
If I go up the stairs and turn right, I will find the toilets on my right-hand side.



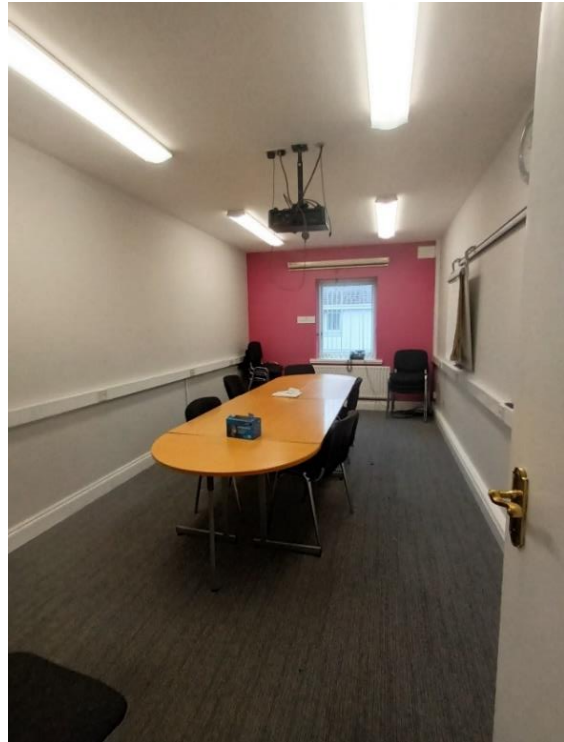
Just past the toilets there is a room numbered 62. This is the upper meeting room. This room may be used for a meeting or a chat with others.



When I come back downstairs and turn left, I will find the door and sign for the training room.



People can participate in training in this space. Sometimes this space is used for other purposes such as meetings.



If I continue down the corridor, I will find room 12. This is the boardroom.

This room may be used for a meeting or a chat with others.



I can exit the building the same way I came in, or I can follow the corridor all the way around to the reception door again, to exit the building.



In order to open the door to reception I wave my hand in front of this sensor.



Before I leave, I will sign out at the door.



To open the first door to exit the building, I push this button. The second door will open automatically for me.